

## Earth Day Variation

- ❖ Ask children to identify all the ways they encounter water on a typical day. Tell them that today, they are going to do something special each time they wash their hands, take a drink, walk through a puddle, or do anything else with water.
- ❖ Invite them to repeat the following spiritual affirmation after you: *Water gives the earth life.* [For young children: *Water is good.*] Or, invite each child to identify a way in which water is important to life on earth and to make that their spiritual affirmation for the day.
- ❖ Encourage them to say their statement about water (or the set affirmation) aloud or repeat it in their head whenever they encounter water throughout the day.
- ❖ Check in with them at the end of the day to ask about how reminding themselves of the presence of water helps them to appreciate its importance in their lives.